

PROCLAMATION

- WHEREAS,** recovery from substance use disorders is possible through a variety of treatment resources and recovery support programs; and
- WHEREAS,** thousands of people across the United States are living happy, healthy and productive lives in recovery; and
- WHEREAS,** stress can contribute to substance use disorders, and finding a positive outlet for dealing with stress is crucial as people continue to face stressful situations in their lives; and
- WHEREAS,** nearly half of Americans reported that their stress levels had increased in 2008, with as many as 30 percent rating their stress levels as extreme (American Psychological Association, Executive Report, October 7, 2008); and
- WHEREAS,** in 2008, an estimated 23.1 million people of every age, race, ethnicity and social-economic status needed treatment for substance dependence or abuse in the United States (2008 National Survey on Drug Use and Health); and
- WHEREAS,** substance use disorders are a treatable, yet serious health care problems, and our community must take steps to address it; and
- WHEREAS,** educating our community about how substance use disorders affect all people in the community, including public safety officials, the workforce, older adults and families; therefore it is essential to combat misconception associated with addiction; and
- WHEREAS,** to help more people enter a path of recovery, the U.S. Department of Health and Human Services, the Substance Abuse and Mental Health Services Administration, the White House Office of National Drug Control Policy, and the National Council of Alcoholism and Drug Dependence of the South Bay invites all residents of the City of Torrance to participate in the National Alcohol and Drug Addiction Prevention and Recovery Month this September.

NOW, THEREFORE, I, FRANK SCOTTO, as Mayor of the City of Torrance, California, do hereby proclaim the month of September 2010 as

NATIONAL ALCOHOL AND DRUG ADDICTION PREVENTION AND RECOVERY MONTH

in the City of Torrance, and call upon the community to observe this month with appropriate programs, activities, and ceremonies supporting this year's theme, "*Join the Voices for Recovery: Now More Than Ever!*"

Signed this 24th day of August 2010.

Mayor Frank Scotto

ATTEST:

Sue Herbers
City Clerk

