

PROCLAMATION

- WHEREAS,** diseases of the heart are the nation's leading cause of death; and
- WHEREAS,** every year for the past 20 years, more women than men have died of heart disease, stroke and other cardiovascular diseases. Women account for more than 53% of deaths from cardiovascular diseases (CVD) and about 35,000 more deaths per year than men from a stroke; and
- WHEREAS,** February is designated as American Heart Month; and
- WHEREAS,** Red is the American Heart Association's color for women and heart disease and symbolizes women's power to take control of their health; and
- WHEREAS,** the American Heart Association's *GO RED FOR WOMEN* campaign encourages women, of all ages and background, to learn about heart disease and stroke and take positive action to reduce their risk of both diseases; and
- WHEREAS,** an increased awareness of the risk factors for heart disease can save thousands of lives each year.

NOW, THEREFORE, I, DAN WALKER, as Mayor of the City of Torrance, California, do hereby proclaim February 3, 2006 as:

GO RED FOR WOMEN DAY

in the City of Torrance, and encourage all citizens in the community to wear *RED* on February 3rd in support of all women – family, friends, and neighbors – who have suffered from heart disease or stroke.

Signed this 24th day of January 2006.

Mayor Dan Walker

ATTEST:

Sue Herbers, CMC
City Clerk